



February 2018 Menu Breakfast & After Care Snack

<p><u>Student Daily Lunch</u> Prices: Reduced \$3.30 Paid \$2.00 <u>Daily Adult Price</u> \$2.75</p> <p>ALL MENUS ARE SUBJECT TO CHANGE</p>	<p>"This Institution is an Equal Opportunity Provider and Employer"</p>	<p><i>*Whole Grain</i></p> <p><u>Payment Options:</u> Cash Money Order www.ezschoollpay.com</p> <p><u>Daily Milk Choices:</u> 1% Non-Flavored Fat Free Chocolate Fat Free Strawberry Fat Free Vanilla</p>	<p><u>Thursday, 1st</u></p> <p><u>Breakfast</u> <i>*Waffle</i> <i>Sausage</i> OR <i>*Fruit Cheerios</i> <i>*Buttered Toast</i></p> <p>100% Fruit Juice Applesauce Choice of Milk</p> <p><u>After Care Snack</u> <i>*Rice Krispie Treat</i> Choice of Milk</p>	<p><u>Friday, 2nd</u></p> <p><u>Breakfast</u> <i>*Pancake Pup</i> Or <i>*Cinnamon Toast Crunch</i> <i>*Buttered Toast</i></p> <p>Chilled Mandarin Oranges Choice of Milk</p> <p><u>After Care Snack</u> <i>*Cheez-It Crackers</i> 100% Fruit Juice</p>
<p><u>Monday 5th</u></p> <p><u>Breakfast</u> <i>*Waffles w/ Syrup</i> <i>Turkey Sausage Link</i> OR <i>*Apple Cinnamon cheerios</i> <i>*Buttered Toast</i></p> <p>Chilled Fruit Cocktail Choice of Milk</p> <p><u>After Care Snack</u> <i>*Chip & Pretzel Snack Mix</i> 100% Fruit Juice</p>	<p><u>Tuesday, 6th</u></p> <p><u>Breakfast</u> <i>*Sausage Biscuit w/</i> <i>Jelly</i> OR <i>*Cocoa Puffs (Reduced</i> <i>Sugar)</i> <i>*Buttered Toast</i></p> <p>Chilled Applesauce 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> <i>*Pop Tart</i> Choice of Milk</p>	<p><u>Wednesday, 7th</u></p> <p><u>Breakfast</u> <i>Scrambled Eggs</i> <i>*Grits w/ Cheese</i> OR <i>*Frosted Flakes (1/3 less</i> <i>Sugar)</i> <i>*Buttered Toast</i></p> <p>Chilled Peach Slices Choice of Milk</p> <p><u>After Care Snack</u> <i>*Yogurt Chex Mix</i> Choice of Milk</p>	<p><u>Thursday, 8th</u></p> <p><u>Breakfast</u> <i>*Grilled Cheese</i> <i>Hash Brown</i> OR <i>*Fruit Cheerios</i> <i>*Buttered Toast</i></p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> <i>Fresh Baby Carrots w/ Lt.</i> <i>Ranch dip</i> Choice of Milk</p>	<p><u>Friday, 9th</u></p> <p><u>Breakfast</u> <i>*Pop Tart</i> OR <i>*Cinnamon Toast Crunch</i> <i>*Buttered Toast</i></p> <p>Chilled Fruit Choice of Milk</p> <p><u>After Care Snack</u> <i>Yogurt & Cheese Stick</i> 100% Fruit Juice</p>
<p><u>Monday, 12th</u></p> <p><u>Breakfast</u> <i>Breakfast Pizza</i> OR <i>*Fruity Cheerios</i> <i>*Buttered Toast</i></p> <p>Applesauce 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> <i>*Chees-Its</i> 100% Fruit Juice</p>	<p><u>Tuesday, 13th</u></p> <p><u>Breakfast</u> <i>*Chicken Biscuit</i> <i>w/Jelly</i> OR <i>*Cocoa Puffs (Reduced</i> <i>Sugar)</i> <i>*Buttered Toast</i></p> <p>Fresh Strawberries 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> <i>Apple Slices & Yogurt</i> Choice of Milk</p>	<p><u>Wednesday, 14th</u></p> <p><u>Breakfast</u> <i>*Oatmeal</i> <i>*Cinnamon Toast</i> OR <i>*Frosted Flakes (1/3 less</i> <i>Sugar)</i> <i>*Buttered Toast</i></p> <p>Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> <i>*Cheddar Popcorn</i> 100% Fruit Juice</p>	<p><u>Thursday, 15th</u></p> <p>No School Winter Break</p>	<p><u>Friday, 16th</u></p> <p>No School Winter Break</p>

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<i>Monday, 19th</i>	<i>Tuesday, 20th</i>	<i>Wednesday, 21st</i>	<i>Thursday, 22nd</i>	<i>Friday, 23rd</i>
<p><i>No School</i> <i>Winter Break</i></p>	<p><i>No School</i> <i>Winter Break</i></p>	<p><u><i>Breakfast</i></u> <i>Scrambled Eggs</i> <i>*Grits w/ Cheese</i> OR <i>*Frosted Flakes (1/3 less Sugar)</i> <i>*Buttered Toast</i></p> <p><i>Chilled Peach Slices</i> <i>Choice of Milk</i></p> <p><u><i>After Care Snack</i></u> <i>*Yogurt Chex Mix</i> <i>Choice of Milk</i></p>	<p><u><i>Breakfast</i></u> <i>*Grilled Cheese</i> <i>Hash Brown</i> OR <i>*Fruit Cheerios</i> <i>*Buttered Toast</i></p> <p><i>Fresh Apple Slices</i> <i>Choice of Milk</i></p> <p><u><i>After Care Snack</i></u> <i>Fresh Baby Carrots w/ Lt. Ranch Dip</i> <i>Choice of Milk</i></p>	<p><i>*Pop Tart</i> OR <i>*Cinnamon Toast Crunch</i> <i>*Buttered Toast</i></p> <p><i>Chilled Fruit Cocktail</i> <i>Choice of Milk</i></p> <p><u><i>After Care Snack</i></u> <i>Yogurt & Cheese Stick</i> <i>100% Fruit Juice</i></p>
<i>Monday, 26th</i>	<i>Tuesday, 27th</i>	<i>Wednesday, 28th</i>		
<p><u><i>Breakfast</i></u> <i>*French Toast Sticks</i> <i>w/Syrup</i> <i>Applesauce</i> OR <i>Frosted Flakes (1/3 less sugar)</i> <i>*Buttered Toast</i></p> <p><u><i>After Care Snack</i></u> <i>Cereal Bar</i> <i>Choice of Milk</i></p>	<p><u><i>Breakfast</i></u> <i>*Chicken Biscuit w/Jelly</i> OR <i>*Cocoa Puffs (Reduced Sugar)</i> <i>*Buttered Toast</i></p> <p><i>Fresh Strawberries</i> <i>100% Fruit Juice</i> <i>Choice of Milk</i></p> <p><u><i>After Care Snack</i></u> <i>Apple Slices & Yogurt</i> <i>Choice of Milk</i></p>	<p><u><i>Breakfast</i></u> <i>*Oatmeal</i> <i>*Cinnamon Toast</i> OR <i>*Frosted Flakes (1/3 less Sugar)</i> <i>*Buttered Toast</i></p> <p><i>Fresh Apple Slices</i> <i>Choice of Milk</i></p> <p><u><i>After Care Snack</i></u> <i>*Cheddar Popcorn</i> <i>100% Fruit Juice</i></p>		