

## September 2017 Menu Lunch

				Friday, 1st
<p><b><u>Student Daily Lunch Prices:</u></b></p> <p><b>Reduced \$ .40</b> <b>Paid \$3.25</b></p> <p><b><u>Daily Adult Price</u></b> <b>\$4.50</b></p>	<p><b>*Whole Grain</b></p> <p><b><u>Payment Options:</u></b> Cash Money Order <a href="http://www.ezschoollpay.com">www.ezschoollpay.com</a></p> <p><b><u>Daily Milk Choices:</u></b> 1% Non-Flavored Fat Free Chocolate</p>	<p style="text-align: center;"><b>ALL MENUS ARE SUBJECT TO CHANGE</b></p> <p style="text-align: center;"><b>”This Institution is an Equal Opportunity Provider and Employer”</b></p>		<p><b>*Pepperoni Pizza</b> <b>Romaine Salad w/ Cherry Tomato &amp; Lt. Ranch Dressing</b> <b>Seasoned Corn</b> <b>Chilled Applesauce</b> <b>OR</b> <b>Fresh Orange Slices</b> <b>Choice of Milk</b></p> <p><b><u>SALAD PLATE</u></b> <b>Chicken Caesar</b></p>
Monday, 4th	Tuesday, 5th	Wednesday, 6th	Thursday, 7th	Friday, 8th
<p style="text-align: center;"><b>No School Labor Day</b></p>	<p><b><u>Taco Tuesday</u></b> <b>Taco ( Beef) on *Soft Shell</b> <b>Lettuce/Tomato/Cheese</b> <b>Spanish Rice</b> <b>Black Bean Salsa</b> <b>Banana</b> <b>OR</b> <b>Strawberry/Banana Compote</b></p> <p><b><u>DELI BOX</u></b> <b>Yogurt/Muffin/Cheese Tray</b></p>	<p><b>Salisbury Steak W/ Brown Gravy</b> <b>*Dinner Roll</b> <b>Candied Yams</b> <b>Black-eyed Peas</b> <b>Fresh Grapes</b> <b>OR</b> <b>Sliced Pears</b> <b>Choice of Milk</b></p> <p><b><u>DELI BOX</u></b> <b>Chicken Caesar Wrap</b></p>	<p><b>*Chicken Parmesan</b> <b>*Dinner Roll</b> <b>Steamed Broccoli</b> <b>Glazed Carrots</b> <b>Fresh Orange Slices</b> <b>OR</b> <b>Rosy Applesauce</b> <b>Choice of Milk</b></p> <p><b><u>DELI BOX</u></b> <b>Yogurt/Muffin/Cheese</b></p>	<p><b>*Honey BBQ Boneless Wings</b> <b>*Garlic Toast</b> <b>Romaine Salad w/ Cherry Tomato &amp; Lt. Ranch Dressing</b> <b>Garbanzo Beans</b> <b>Fresh Fruit</b> <b>OR</b> <b>Chilled Fruit of The Day</b> <b>Choice of Milk</b></p> <p><b><u>SALAD PLATE</u></b> <b>Buffalo Chicken</b></p>
Monday, 11th	Tuesday, 12th	Wednesday, 13th	Thursday, 14th	Friday, 15th
<p><b><u>Meatless Monday</u></b> <b>*Grilled Cheese Sandwich</b> <b>Tomato Soup</b> <b>Caesar Salad w/ Low Fat Caesar Dressing</b> <b>Fresh Strawberries</b> <b>OR</b> <b>Chilled Applesauce</b> <b>Choice of Milk</b></p> <p><b><u>SALAD PLATE</u></b> <b>Southwestern</b></p>	<p><b><u>Taco Tuesday</u></b> <b>Taco (Beef) on *Hard Shell</b> <b>Lettuce/Tomato/Cheese</b> <b>Spanish Rice</b> <b>Black Bean Salsa</b> <b>Fresh Strawberries</b> <b>OR</b> <b>Chilled Peaches</b></p> <p><b><u>DELI BOX</u></b> <b>Yogurt/Muffin/Cheese</b></p>	<p><b>*Chicken Tenders w/ BBQ Dipping Sauce</b> <b>*Dinner Roll</b> <b>Mashed Potatoes</b> <b>Steamed Spinach</b> <b>Chilled Sliced Pears</b> <b>OR</b> <b>Banana</b> <b>Choice of Milk</b></p> <p><b><u>DELI BOX</u></b> <b>Veggie Wrap</b></p>	<p><b>*Corn Dog</b> <b>Seasoned Fries</b> <b>Spinach &amp; Kale Salad</b> <b>Baked Beans</b> <b>Chilled Fruit Cocktail</b> <b>OR</b> <b>Fresh Apple Slices</b> <b>Choice of Milk</b></p> <p><b><u>DELI BOX</u></b> <b>Yogurt/Muffin/Cheese</b></p>	<p><b>*Cheese Pizza</b> <b>Romaine Salad w/ Chery Tomato &amp; Lt. Ranch Dressing</b> <b>Seasoned Corn</b> <b>Chilled Applesauce</b> <b>OR</b> <b>Fresh Orange Slices</b> <b>Choice of Milk</b></p> <p><b><u>SALAD PLATE</u></b> <b>Cobb Salad</b></p>

<i>Monday, 18th</i>	<i>Tuesday, 19th</i>	<i>Wednesday, 20th</i>	<i>Thursday, 21st</i>	<i>Friday, 22nd</i>
<i>No School Fall Break</i>	<i>No School Fall Break</i>	<i>No School Fall Break</i>	<i>No School Fall Break</i>	<i>No School Fall Break</i>
<i>Monday, 25th</i>	<i>Tuesday, 26th</i>	<i>Wednesday, 27th</i>	<i>Thursday, 28th</i>	<i>Friday, 29th</i>
<u><i>Meatless Monday</i></u> <i>*Mac &amp; Cheese</i> <i>Pinto Beans</i> <i>Seasoned Spinach</i> <i>Fresh Grapes</i> <b>OR</b> <i>Sliced Pears</i> <i>Choice of Milk</i>  <u><i>SALAD PLATE</i></u> <i>Breaded Chicken Salad</i>	<u><i>Taco Tuesday</i></u> <i>Taco (Beef) on *Soft Shell</i> <i>Lettuce/Tomato/Cheese</i> <i>Spanish Rice</i> <i>Black Bean Salsa</i> <i>Fresh Apple Slices</i> <b>OR</b> <i>Mandarin Oranges</i> <i>Choice of Milk</i>  <u><i>DELI BOX</i></u> <i>Yogurt/Muffin/Cheese Tray</i>	<i>*Breaded Chicken Sandwich</i> <i>Sweet Potato Fries</i> <i>California Blend Veggies</i> <i>Fresh Apple Slices</i> <b>OR</b> <i>Pineapple Tidbits</i> <i>Choice of Milk</i>  <u><i>DELI BOX</i></u> <i>Chicken Caesar Wrap</i>	<i>*Chicken Parmesan</i> <i>*Dinner Roll</i> <i>Steamed Broccoli</i> <i>Glazed Carrots</i> <i>Fresh Orange Slices</i> <b>OR</b> <i>Rosy Applesauce</i> <i>Choice of Milk</i>  <u><i>DELI BOX</i></u> <i>Yogurt/Muffin/Cheese Tray</i>	<i>*Honey BBQ Boneless Wings</i> <i>*Garlic Toast</i> <i>Romaine Salad w/ Cherry Tomato &amp; Lt. Ranch Dressing</i> <i>Garbanzo Beans</i> <i>Fresh Fruit</i> <b>OR</b> <i>Chilled Fruit of The Day</i> <i>Choice of Milk</i>  <u><i>SALAD PLATE</i></u> <i>Buffalo Chicken</i>