



January 2018 Menu Breakfast & After Care Snack

<i>Monday, 1st</i>	<i>Tuesday, 2nd</i>	<i>Wednesday, 3rd</i>	<i>Thursday, 4th</i>	<i>Friday, 5th</i>
<i>No School Semester Break</i>	<i>No School Semester Break</i>	<i>No School Semester Break</i>	<i>No School Semester Break</i>	<i>No School for Students Teacher Workday</i>
<i>Monday 8th</i>	<i>Tuesday, 9th</i>	<i>Wednesday, 10th</i>	<i>Thursday, 11th</i>	<i>Friday, 12th</i>
<u>Breakfast</u> *Waffles w/ Syrup Turkey Sausage Link OR *Apple Cinnamon cheerios *Buttered Toast Chilled Fruit Cocktail Choice of Milk <u>After Care Snack</u> *Chip & Pretzel Snack Mix 100% Fruit Juice	<u>Breakfast</u> *Sausage Biscuit w/ Jelly OR *Cocoa Puffs (Reduced Sugar) *Buttered Toast Chilled Applesauce 100% Fruit Juice Choice of Milk <u>After Care Snack</u> *Pop Tart Choice of Milk	<u>Breakfast</u> Scrambled Eggs *Grits w/ Cheese OR *Frosted Flakes (1/3 less Sugar) *Buttered Toast Chilled Peach Slices Choice of Milk <u>After Care Snack</u> *Yogurt Chex Mix Choice of Milk	<u>Breakfast</u> *Grilled Cheese Hash Brown OR *Fruit Cheerios *Buttered Toast Fresh Apple Slices Choice of Milk <u>After Care Snack</u> Fresh Baby Carrots w/ Lt. Ranch dip Choice of Milk	<u>Breakfast</u> *Pop Tart OR *Cinnamon Toast Crunch *Buttered Toast Chilled Fruit Choice of Milk <u>After Care Snack</u> Yogurt & Cheese Stick 100% Fruit Juice
<i>Monday, 15th</i>	<i>Tuesday, 16th</i>	<i>Wednesday, 17th</i>	<i>Thursday, 16th</i>	<i>Friday, 19th</i>
<i>No School M.L. King holiday</i>	<u>Breakfast</u> *Chicken Biscuit w/Jelly OR *Cocoa Puffs (Reduced Sugar) *Buttered Toast Fresh Strawberries 100% Fruit Juice Choice of Milk <u>After Care Snack</u> Apple Slices & Yogurt Choice of Milk	<u>Breakfast</u> *Oatmeal *Cinnamon Toast OR *Frosted Flakes (1/3 less Sugar) *Buttered Toast Fresh Apple Slices Choice of Milk <u>After Care Snack</u> *Cheddar Popcorn 100% Fruit Juice	<u>Breakfast</u> *Waffle Stix Sausage OR *Fruit Cheerios *Buttered Toast 100% Fruit Juice Fresh Grapes Choice of Milk <u>After Care Snack</u> *Rice Krispie Treat Choice of Milk	<u>Breakfast</u> *Pancake Pup Or *Cinnamon Toast Crunch *Buttered Toast Chilled Mandarin Oranges Choice of Milk <u>After Care Snack</u> *Cheez-It Crackers 100% Fruit Juice

January 2018 Menu - Breakfast & After Care Snack

Monday, 22nd	Tuesday, 23rd	Wednesday, 24th	Thursday, 25th	Friday, 26th
<p><u>Breakfast</u> *Waffles w/ Syrup Turkey Sausage Link OR *Apple Cinnamon cheerios *Buttered Toast</p> <p style="text-align: center;">Chilled Fruit Cocktail Choice of Milk</p> <p><u>After Care Snack</u> *Chip & Pretzel Snack Mix 100% Fruit Juice</p>	<p><u>Breakfast</u> *Sausage Biscuit w/ Jelly OR *Cocoa Puffs (Reduced Sugar) *Buttered Toast</p> <p style="text-align: center;">Chilled Mixed Fruit 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> *Pop Tart Choice of Milk</p>	<p><u>Breakfast</u> Scrambled Eggs *Grits w/ Cheese OR *Frosted Flakes (1/3 less Sugar) *Buttered Toast</p> <p style="text-align: center;">Chilled Peach Slices Choice of Milk</p> <p><u>After Care Snack</u> *Yogurt Chex Mix Choice of Milk</p>	<p><u>Breakfast</u> *Grilled Cheese Hash Brown OR *Fruit Cheerios *Buttered Toast</p> <p style="text-align: center;">Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> Fresh Baby Carrots w/ Lt. Ranch Dip Choice of Milk</p>	<p style="text-align: center;">*Pop Tart OR *Cinnamon Toast Crunch *Buttered Toast</p> <p style="text-align: center;">Chilled Fruit Cocktail Choice of Milk</p> <p><u>After Care Snack</u> Yogurt & Cheese Stick 100% Fruit Juice</p>
Monday, 29th	Tuesday, 30th	Wednesday, 31st	Thursday, 29th	
<p><u>Breakfast</u> *French Toast Sticks w/Syrup Applesauce OR Frosted Flakes (1/3 less sugar) *Buttered Toast</p> <p><u>After Care Snack</u> Cereal Bar Choice of Milk</p>	<p><u>Breakfast</u> *Chicken Biscuit w/Jelly OR *Cocoa Puffs (Reduced Sugar) *Buttered Toast</p> <p style="text-align: center;">Fresh Strawberries 100% Fruit Juice Choice of Milk</p> <p><u>After Care Snack</u> Apple Slices & Yogurt Choice of Milk</p>	<p><u>Breakfast</u> *Oatmeal *Cinnamon Toast OR *Frosted Flakes (1/3 less Sugar) *Buttered Toast</p> <p style="text-align: center;">Fresh Apple Slices Choice of Milk</p> <p><u>After Care Snack</u> *Cheddar Popcorn 100% Fruit Juice</p>	<p style="text-align: center;"><u>Student Daily Lunch</u> Prices: Reduced \$.30 Paid \$2.00 <u>Daily Adult Price</u> \$2.75</p> <p style="text-align: center;">ALL MENUS ARE SUBJECT TO CHANGE</p> <p style="text-align: center;">*This Institution is an Equal Opportunity Provider and Employer</p>	<p style="text-align: center;">*This Institution is an Equal Opportunity Provider and Employer</p> <p style="text-align: center;">*Whole Grain</p> <p style="text-align: center;"><u>Payment Options:</u> Cash Money Order www.eschoolpay.com</p> <p style="text-align: center;"><u>Daily Milk Choices:</u> 1% Non-Flavored Fat Free Chocolate Fat Free Strawberry Fat Free Vanilla</p>